



VICTORIAN AMATEUR FOOTBALL ASSOCIATION

VFAFA PREGNANCY POLICY

The VFAFA respects and supports the rights of pregnant players who, in consultation with expert medical advice, elect to continue to participate in the VFAFA, provided that at all times the health and wellbeing of the player and their unborn child is paramount.

A player, as soon as possible after becoming aware that they are pregnant, and on an ongoing basis throughout their pregnancy, should obtain, seek to understand and disclose to their club coach and club medical officer, regular medical advice which sets out the player's doctor's opinion regarding:

- (i) the risks associated with participating in the VFAFA and associated training while pregnant;
- (ii) taking into account their individual circumstances, whether it is safe for them and their unborn child to continue participating in the VFAFA and associated training; and
- (iii) whether their training should be reviewed or modified.

If the club coach and club medical officer are not reasonably satisfied that they have sufficient medical evidence in accordance with the above, they may, in consultation with the player, seek additional information and understanding about a player's pregnancy as reasonably required.

All information provided by a player about her pregnancy must be kept strictly confidential unless the express consent of the player is provided. Announcements regarding the player's pregnancy should only be made in consultation with the player.

The VFAFA disclaims any liability for any injury or complication sustained by a pregnant woman during training or a match.